

COMMUNITY PROGRAM:

Heartsaver® First Aid, CPR & AED

Course Description

This course is designed for anyone who wants to be prepared for an emergency. This course teaches the critical skills needed to respond to and manage an emergency until emergency medical services arrive. Skills covered in this course include first aid; choking relief in adults, children, and infants; and what to do for sudden cardiac arrests in adults, children and infants based on the American Heart Association (AHA) guidelines. This is a hands-on learning program to maximize learning for participants.



Course Content

- First aid basics
- Medical emergencies
- Injury emergencies
- Environmental emergencies
- Preventing illness and injury
- Adult CPR and AED use
- Opioid-associated life-threatening emergencies
- Child CPR and AED use
- Infant CPR

Upcoming Sessions:

Saturday, May 5, 2018 from 8am-4:30pm

Saturday, August 11, 2018 from 8am-4:30pm

Saturday, November 3, 2018 from 8am-4:30pm

* All courses will be held on the lower level at FHN Memorial Hospital in the Globe/Deaconess Rooms on the lower level – 1045 W. Stephenson Street in Freeport, IL.

This course is \$60.00 which includes the Heartsaver First Aid CPR AED Student Workbook and CPR certification card that is valid for 2 years.

