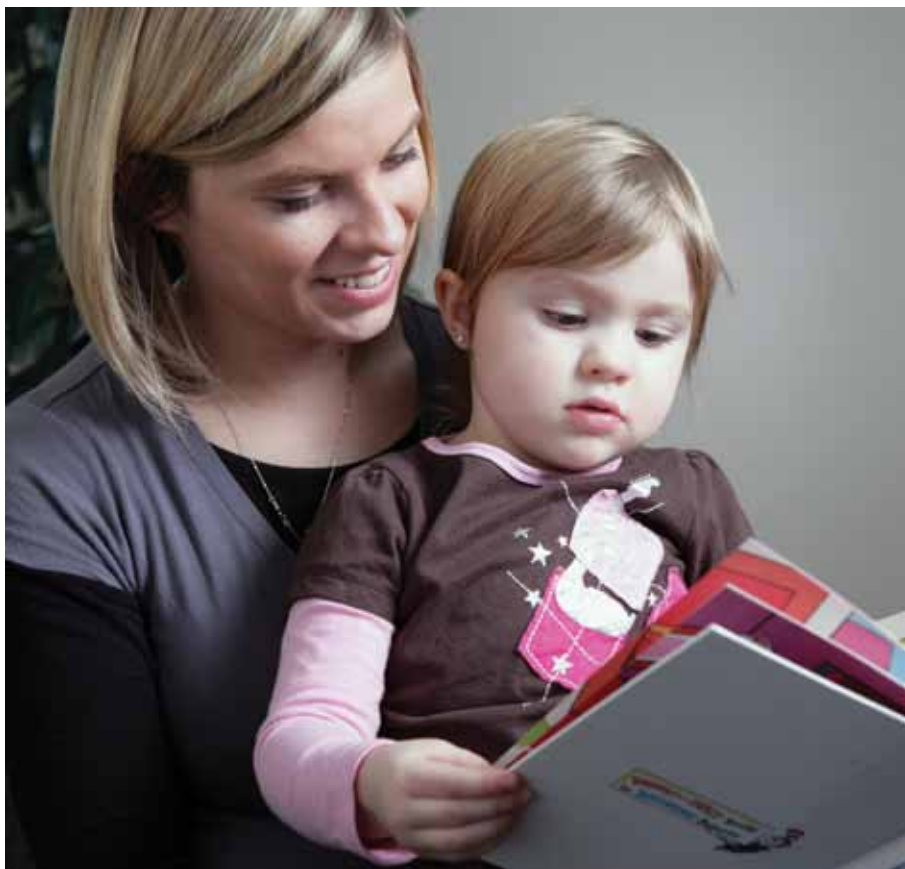


WOMEN'S HEALTH AT FHN

YOU SPEND YOUR DAYS
CARING FOR OTHERS



Take comfort in our care.



We're here, for you.

FHN

WOMEN'S CARE AT FHN



FHN Ob/Gyn specialists are here to *help women of all ages* work toward their best possible health.





FHN OFFERS A FULL RANGE OF SERVICES FOR WOMEN

- NovaSure® endometrial ablation to reduce or eliminate heavy menstrual periods
- Essure® scar-free tubal ligation with little to no recovery time needed
- Implanon® sub-dermal contraception to fit your lifestyle
- Digital mammography and osteoporosis screening in our FHN Women's Diagnostic Center
- Adolescent gynecology
- Comprehensive pregnancy care from conception through after-birth care
- Fertility counseling and assistance
- Family planning services
- Prenatal testing
- Midwifery services
- Peri- and post-menopausal care
- Complete cancer care
- In-office ultrasound
- Support groups for women touched by cancer



LET OUR WOMEN'S HEALTHCARE TEAM CARE FOR YOU

Danielle Siedschlag, APN/CNP

Born and raised in Freeport,
specializing in adolescent care

Kim Vittorio, APN/CNM

Our area's only certified nurse midwife
has assisted with more than 800 births

M. Farouk Isawi, MD, FACOG

Celebrating 25 years of caring for
patients in Freeport

Nicolai E. Hinds, MD, FACOG

Dedicated to using technology to
improve women's health



Obstetrical and gynecological care is much more than delivering babies. Your FHN women's healthcare provider can care for you through everything from routine checkups to breast health, family planning, fertility issues, menopause care and more.

At FHN, you can choose from several different types of providers to best suit your preferences and circumstances. When it's time for your new baby to enter the world, for example, our Certified Nurse Midwife, in addition to providing routine gynecological and obstetrical care, can help you all the way through your baby's birth.

On the other end of the spectrum, we can help you through the life changes that menopause brings. Because menopause is more than the end of fertility, we know that in the years before you enter menopause – and as you transition through it – you may experience a wide variety of life changes. These may bring new concerns about both your health and your lifestyle. Your FHN women's healthcare provider can help you navigate these new waters.

Whatever your age or life stage, we know that every woman is unique and needs to be able to make informed, individual choices in personal healthcare. Our Ob/Gyn specialists are dedicated to that concept. *Take comfort in our care.*



"I try to help expectant mothers make informed choices for their birthing experience. My role is to be there to help keep moms centered and calm, offer support and intervene only when needed."

Kim Vittorio, APN/CNM

"My goal is to provide compassionate, competent care to my patients. I listen first, provide the patient with her options, and draw on the best therapies that medical science currently has to offer. It's important that my patients understand and agree with what I recommend for them."

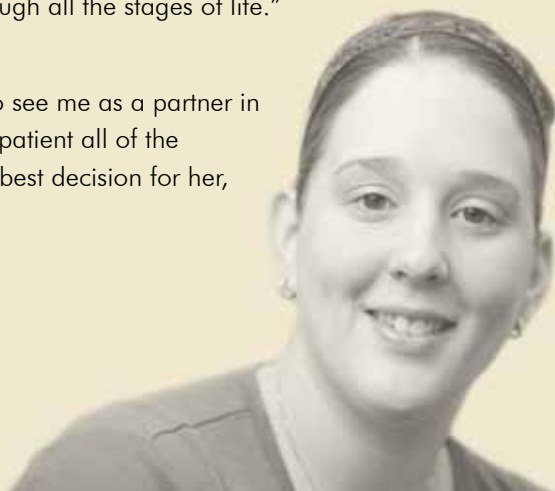
Nicolai E. Hinds, MD, FACOG

"Now, more than ever before, women are taking charge of their health. I give my patients information and work with them to decide how best to get them healthy and keep them healthy through all the stages of life."

Danielle Siedschlag, APN/CNP

"I encourage each of my patients to see me as a partner in healthcare. I strive to provide each patient all of the information she needs to make the best decision for her, her baby and her future."

M. Farouk Isawi, MD, FACOG



FOR MORE INFORMATION ON FHN WOMEN'S HEALTHCARE SERVICES, CONTACT US...

FHN Family Healthcare Center – Harlem Avenue

25 N. Harlem Avenue

Freeport, IL 61032

Phone: 1-877-6000-FHN (1-877-600-0346) ext. 941

www.fhn.org



We're here, for you.

FHN

