



OUR TOOLKIT

Child Development Screenings

Many parents wonder about when their child should walk, talk, and when to start a sippy cup. Home visitors can help parents with all they need to know about their child's development milestones and each step is celebrated along the way.

Family Goal Planning

Home Visitors and parents work together to set meaningful and attainable goals for the future.

Parental Support

Home visitors provide up to date information on parenting topics and answer any questions you might be wondering about. Home visitors are there to care and listen to any concerns you may have.

Fun & Educational Activities

Your home visitor will bring supplies for craft projects and keepsakes you can look back on for years to come. You and your baby can do fun activities together too!

Referrals to Community Resources

Life can be full of many ups and downs, your home visitor can help you navigate through. They can help provide referrals to many local community resources to help put your mind at ease.



WHO WE ARE

In Stephenson County, this program serves parents, under 30 years of age with first child and 26 years of age or less with first child; by providing a home visitor at NO COST to the family. *(some exceptions can be made just ask!)*

FLEXIBLE SCHEDULING

Healthy Families Illinois (HFI) is a **voluntary** home visiting program that partners with families and is designed to enrich families with the goal of supporting nurturing relationships.

ALL FAMILY TYPES

All families look different...we can't wait to meet yours!



Healthy Families Stephenson County™



Sign up your family today!

All services are
free.





OUR PROGRAM

We focus on what YOU want for your family!

If you participate in the HFI program, we are sure you will have a great time and better yet your little one will be ready to meet all of the milestones in order to enter KINDERGARTEN and be successful!

If you need TRANSPORTATION for medical or WIC appointments, your home visitor can help!

There are many INCENTIVES for you when you complete visits consistently.

CONTACT US

Mission Statement: The Stephenson County Health Department is dedicated to protecting the citizens of Stephenson county against preventable disease, morbidity and a variety of health-related issues, by promoting health, fitness and public awareness.



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Find us on Facebook at our **All Our Kids Network (AOK)** or **@stephensoncountyAOK**



HERE WHAT TWO NEW MOMS SAY....

"Through my home visitor's help, I can help my baby grow better. I learned how to stimulate my new baby's mind the right way! Because otherwise I would be like, "Okay what do you want?" I wouldn't know what parts of her brain are developing at what time. With my home visitor's help, I learned so much. Now I can help my baby to grow up to be the best little girl she can be!"--Participant in HFI

"Having a child can be challenging...there are really no words to describe the feeling...but having somebody, actually having a whole entire program full of encouragement makes every day easier." --Former HFI participant

