

# Who Should Use Supportive Care?

- Anyone with a chronic or serious illness regardless of current treatment plans
- Anyone struggling with managing symptoms of their illness
- Anyone who is facing difficult choices with their healthcare
- Anyone who needs help identifying their healthcare goals
- Anyone who needs assistance with advance directives
- Anyone needing additional support for themselves or their family

# Contact FHN Supportive Care

Please call with any questions or to make a referral



FHN Supportive Care

*Care Transitions*  
Community Partnerships Helping  
to Improve Quality of Life

Phone: 815-599-7110

Fax: 815-599-7679



25 N. Harlem Ave  
Freeport, IL 61032

# FHN Supportive Care

Improving quality of life through personalized health care



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## Team Approach

The Supportive Care team works with your primary physician and specialists as an additional layer of care that addresses your personal healthcare needs and choices.

As a patient with Supportive Care, you and/or your family may receive visits and phone calls from a nurse practitioner, a nurse, or a social worker.

## Location

Supportive Care offers visits within FHN offices and at FHN Memorial Hospital, in long term care facilities, and in your home if you are unable to go to the clinic due to physical disabilities or distressing symptoms.

## Healthcare provided based on your goals, beliefs, and individual choices.

If you have symptoms from the following illnesses, Supportive Care can help

- Cancer
- Heart disease
- Lung disease
- Kidney disease
- Alzheimer's/Dementia
- Parkinson's disease
- Multiple Sclerosis
- ALS
- Many others

## Symptom Management

Symptoms of serious illness can cause unnecessary discomfort. Supportive Care can help manage

- Pain
- Nausea
- Shortness of breath
- Fatigue
- Loss of appetite
- Depression/Anxiety

## Advance Directives

The Supportive Care team can assist you with understanding your options and documenting your personal choices for advanced care. Advance directives include identifying a healthcare power of attorney who will act as your voice if you are unable to do so in any healthcare setting. Advance Directives also include decisions on resuscitation, intubation, hospitalization preferences, and artificial nutrition.

## Treatment Plans

You can be a patient with Supportive Care while you are receiving any level of treatment including actively seeking a cure for your illness. You can work with Supportive Care at any stage of your illness from initial diagnosis to late stage illness.

Supportive Care is not the same as hospice care. Hospice care is appropriate for people with end-stage illnesses who are no longer seeking curative or invasive treatments and are choosing comfort focused care. The Supportive Care team can assist with a transition to hospice when you are ready